



Aarogyasri Health Care Trust

Government of Andhra Pradesh

3rd floor, Municipal Complex, Besides Koti Maternity Hospital,
Sulthan Bazar, Koti, Hyderabad 500 095



Babu .A, IAS

Chief Executive Officer

To
CEOs/MDs/CMDs of network hospitals

AST/ 107 / F25 /2009-10, dt. 12.5.2009

Sir,

Sub: Selection criteria of the cases for the procedures under the Cardiology and Cardio thoracic procedures of the scheme - New guidelines for strengthening the pre-auth process – Intimation – Reg.

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Trust on review of the scheme found that certain cardiology procedures in general and angioplasty procedure in particular is being done preferentially over the other procedures in the system. In order to streamline the selection criteria of the cases for the procedures under the Cardiology and Cardio thoracic procedures of the scheme, Trust called for a meeting of the senior cardiologists and cardio thoracic surgeons which was held on 7.5.2009 at 3:00 P.M in the Conference Hall of the Trust.

After thorough discussions, the meeting suggested to incorporate following guidelines for strengthening the pre-authorizations process in certain cases. Accordingly, Trust agreed to incorporate these guidelines and are being intimated.

1. Selection of procedure in case of Triple Vessel Disease (TVD) (whether CABG or Angioplasty)

Whenever a treating doctor decides to perform angioplasty for Triple Vessel Disease instead of CABG, either due to associated conditions or due to patient's choice of selection after being counselled about the advantages and disadvantages of both the procedures, the following evidence shall be uploaded for approval.

- (i) The detailed explanation letter by the treating doctor for opting for angioplasty procedure.
- (ii) A consent letter from the patient stating that the procedure was of his choice and decision was taken after due counselling by the treating cardiologist and cardio thoracic surgeon.
- (iii) The consent letter must be duly signed by the treating cardiologist and cardio thoracic surgeon.

2. Additional objective assessment required in case of moderate stenosis(<70%)

In cases of moderate stenosis(<70%) where the role of angioplasty is doubtful as perceived by the pre-authorization specialist, the hospital shall submit the following additional objective assessment of Ischaemia.

- (i) Treadmil Test and/or
- (ii) Thallium study

Further Insurance Co. may obtain second opinion from senior cardiologist.

These may be required either alone or in combination as case requires.

All the network hospitals are requested to follow these guidelines in selecting cases to avoid rejections and inconvenience to the patients.

For Aarogyasri Health Care Trust

Chief Executive Officer

Copy to: The Principal Secretary to Govt. HM & FW Dept. A.P.Secretariat, Hyd
The Principal Secretary to CM, A.P.Secretariat, Hyd
The Executive Vice Chairman, Aarogyasri Health Care Trust.